Hudson Valley HorsePlay (845) 616 - 3608

environment.



For Parents & Their Children

Activities can address: • communication: listening and articulating

• play: imagination, problem-solving, teamwork

 understanding: one another's perspective, challenges and strengths

"Unbridled"

A Work(Play) Shop with Horses

A unique opportunity to enhance your relationship with your

child / children while having fun with ponies in a safe

my daughter in that one hour. The way she engaged with the horse - with guidance, patience, and limits - showed me what she wants from me as her parent! Thank you!" - Ruth, a HorsePlay participant, age 42, with daughter, age 17.

"I learned so much about



Unbridled Sessions: 60 - 90 minutes.

Absolutely no horse experience is necessary. There is no riding. HorsePlay facilitators are seasoned and Eagala certified.

Offered April through November.

Contact <u>HorsePlay</u> for more information. (845) 616 - 3608